Lennoxville & District Women's Centre
204-175 Queen Street
Sherbrooke, QC, J1M 1K1
(819) 564 - 6626
www.LDWC.ca
info@ldwc.ca

DECEMBER 2026

NEWSLETTER

from your local Women's Centre

FEATURED THIS MONTH:

- **16 days of Action Against Gender Based Violence**
- **Misogyny Workshop**
- **Human Rights Day**
- **Santa's Visit**
- **Christmas Eve Drop-In**
- **Sharpening & Blade Maintenance 101**



December 6, 1989: École Polytechnique Massacre Victims

16 DAYS OF ACTION AGAINST GENDER-BASED VIOLENCE

Every year, from November 25 to December 10, communities around the world mark 16 Days of Activism Against Gender-Based Violence, an international campaign established in 1991. It is an opportunity to speak out against gender-based violence (GBV), raise awareness, and renew our collective commitment to ending violence against women, girls and 2SLGBTQI+ communities.

Statistics remind us why this campaign remains so important. In Quebec, 17 women were victims of femicide between January and September 2026, already surpassing the 16 recorded throughout 2025. According to Institut de la statistique du Québec, police-reported victims of intimate-partner violence among women increased by 49% between 2005 and 2024. These numbers are a sobering reminder that femicide and gender-based violence are not issues of the past. They are happening now, in our communities, and demand our continued attention and action.

For LDWC, this campaign is also an opportunity to remember two women from our own community whose lives were taken through gender-based violence: Faye Geraghty and Rachelle Wrathmall. Faye was murdered by her former partner, Jeffrey Loach, in Lennoxville in July 2006. He was convicted of second-degree murder and, as of his most recent parole review in 2025, remains incarcerated. Rachelle was murdered in June 2007. Her husband, Rafiou Sow, was arrested in Guinea in June 2026, nearly 19 years later, and faces murder proceedings there. We will share more about both women and their stories in the coming weeks. They must not be forgotten.

We also hold space to remember the 14 young women murdered at École Polytechnique in Montréal on December 6, 1989. A gunman deliberately targeted women in the engineering school, killing 14 and injuring others in an act of anti-feminist violence.



Throughout the campaign, LDWC will offer several opportunities to learn, reflect and stand in solidarity, including: Painting Stones of Solidarity, a Workshop Watch Party on Misogyny & The Manosphere, as well as our annual Collective Reading of the UN Declaration of Human Rights.

We are also proud to be the official partner of *The Record*'s 16 Days campaign, featuring online articles and social media content throughout the campaign, as well as a special print edition that will be published on on December 11, with inspiring articles and helpful resources, dedicated to this important initiative.

Gender-based violence is not something that happens somewhere else, or to other people. It happens here, among us. Remembering, speaking out, educating ourselves and taking action are all part of creating a safer community.

DECEMBER 6, 1989 - POLYTECHNIQUE VICTIMS

December 6, 1989, an armed man murdered 14 women, and injured 13 other individuals at Polytechnique Montréal for the fact of being female. These were young women with bright futures before them:



- Geneviève Bergeron (21 years old) Student, Mechanical Engineering
- Maryse Laganière, (25 years old) Employee, Finance Department
- Hélène Colgan (23 years old) Student, Mechanical Engineering
- Maryse Leclair, (23 years old) Student, Metallurgical Engineering
- Nathalie Croteau, (23 years old) Student, Mechanical Engineering
- Anne-Marie Lemay, (22 years old) Student, Mechanical Engineering
- Barbara Daigneault, (22 years old) Student, Mechanical Engineering



- Sonia Pelletier, (28 years old) Student, Mechanical Engineering
- Anne-Marie Edward, (21 years old) Student Chemical Engineering
- Michèle Richard, (21 years old) Student, Metallurgical Engineering
- Maud Haviernick, (29 years old) Student, Metallurgical Engineering
- Annie St-Arneault, (23 years old) Student, Mechanical Engineering
- Barbara Klucznik-Widajewicz, (31 years old) Student, Nursing
- Annie Turcotte, (20 years old) Student, Metallurgical Engineering

MYSOGINY & THE MANOSPHERE WORKSHOP

Offered in conjuntion with Mental Health Estrie, the workshop-watch party at LDWC invites community to gather to learn more about this important topic together. The workshop viewing will be followed by a group discussion. Light refreshments will be provided.
All are welcome however, advanced registration is required.

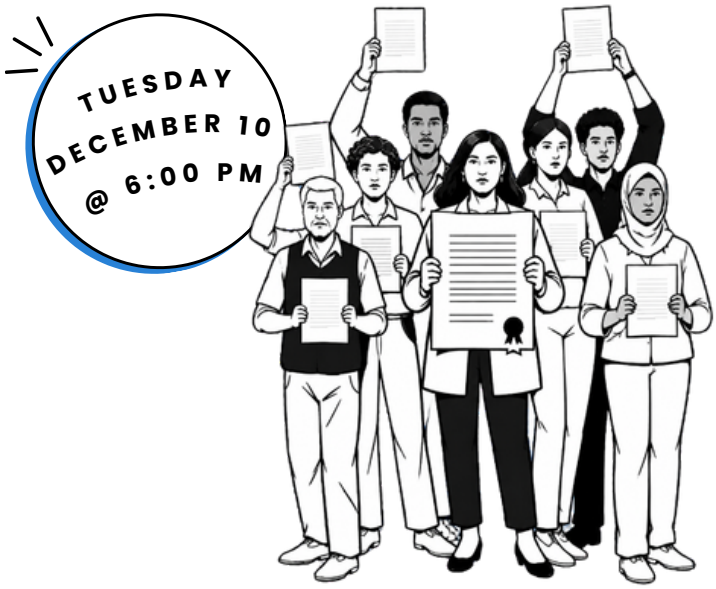
The workshop will be delivered by Anne-Sophie Bedziri-Prévost, Training Coordinator at **Villes Sans Violence.** Anne-Sophie studied philosophy and history at Université Paris-Sorbonne IV and holds a master's degree in political science from the Université de Montréal. She has been a trainer and speaker with Villes sans violence since 2020, where she is responsible for developing educational content, tools, and training related to violent radicalization and hate-motivated acts. She has also published several academic articles on radicalization, social polarization among young people, and jihadism.
The workshop will also available individual on-line for viewing through registration with Mental Health Estrie.

When: Wednesday, December 9th
Time: 7:00 PM (doors open at 6:30 p.m.)
Where: LDWC Centre (204 - 175 Rue Queen)
Register HERE

HUMAN RIGHTS DAY READING

On the concluding evening of the 16 Days of Activism, all are invited to attend a collective reading of the Universal Declaration of Human Rights.
This declaration was adopted by the United Nations on December 10, 1948, and is considered to be a milestone document in the history of human rights.

When: Thursday, December 10th
Time: 6:00 PM
Where: Amédée Beaudoin Community Hall





MARCHÉ DE NOËL DE LENNOXVILLE & SECRET SANTA FUNDRAISING

Join us for some good old holiday cheer at the Christmas market in Queen Square on December 6th from 11:00 AM - 4:00 PM. We will be there to answer any questions you may have about the LDWC and listen to your suggestions as to how we might support our members.

We have tasty pastry treats made by our members to raise funds for The Secret Santa Campaign.

When: Saturday, December 5th
Time: 10:00 AM - 4:00 PM
Where: Square Queen (Lennoxville)



COOKIES FOR A CAUSE!

Help us bake spirits bright! We're looking for homemade cookie donations to raise funds for LDWC's Secret Santa campaign, which provides holiday gifts for local children whose families could use a little extra help this season.

We would love it is you could make a batch of your favourite cookies and drop them off at the Women's Centre by noon on December 4. Cookies will be available for a donation to the Secret Santa Campaign during Santa's Visit at Square Queen in Lennoxville on December 5.

Thank you for sharing a little sweetness and helping make the holidays brighter!



JOIN US FOR A CHRISTMAS EVE MORNING DROP-IN

You are warmly invited to drop by the Women's Centre on the morning of Christmas Eve for some relaxed visiting, delicious Christmas treats, and a comforting cup of tea or holiday punch, or simply to say hello.

Take a moment to unwind in our welcoming space, enjoy friendly conversations, and soak in a little calm during what can be a challenging time of year.

Whether you're hoping to catch up with friends, sit a spell or even finish up some last-minute gift wrapping, our doors will be open to provide a cheerful and peaceful spot to enjoy some time together.

All ages (including children) are welcome. We look forward to seeing you! Dec 24th from 9:30 a.m. - noon.

GIVING TUESDAY: A DAY TO SUPPORT YOUR LOCAL CHARITY

What is Giving Tuesday?

Giving Tuesday was created in 2012 to inspire people to perform acts of kindness and support their communities, as a counterbalance to Black Friday and Cyber Monday spending sprees! Since then, Giving Tuesday has grown globally with active movements in more than 80 countries, engaging millions of people. The first Giving Tuesday movement arrived in Canada in 2013, to specifically drive fund-raising efforts for local, home-grown organizations. Giving Tuesday falls on **December 1, 2026**, it's the day that Canadians are invited to donate to their favourite non-profit organizations and charities. For those who may wish to donate to LDWC, either on Giving Tuesday or at other times throughout the year, please find our link **HERE** or use the QR code below. And, of course, we are always happy to receive donations at the Centre.

Dec 1 GIVING TUESDAY Co-founded by CanadaHelps

SECRET SANTA CAMPAIGN

Our Secret Santa Campaign was created so that every child in our community awakes to find a gift under their tree. Everyone deserves to experience the joy and magic of Christmas! In 2025 with the help of our community we brought joy to **96 children** and **32 families.**

Spread the word! If you are interested in being part of this wonderful program and would like to donate to a family in need, you can let us know by emailing us at info@ldwc.ca or by calling 819-564-6626.

On the other hand, if you or a family you know need some help to make ends meet and could benefit from the Secret Santa Campaign, sign up by online using this **FORM** or calling us at 819-564-6626.

We wish to thank all our supportive partners and collaborators for this campaign. You are making the Holidays brighter for those in our community!







NO FAMILY DOCTOR? YOU CAN BOOK CERTAIN SERVICES DIRECTLY:

This graphic issued by Santé-Quebec Estrie explains that people **without a family doctor** can book the following services themselves through Clic Santé:

- **Screening and preventive assessments (ages 18+):** Type 2 diabetes screening, cardiovascular risk assessment, screening for cervical, breast, prostate and lung cancers, and fracture-risk assessment related to osteoporosis.
- **Assessment of possible cognitive problems:** For people without an existing cognitive-disorder diagnosis—or relatives concerned about them—who notice memory lapses, behaviour changes or difficulties with everyday activities.
- **Contraception services (women ages 25+):** Advice about contraceptive options, prescriptions if needed, and adjustments or renewals.

To book: Visit ClicSante and select the service you need, or call **1-877-791-5439**.

YOUR 2026 MONEY CHECK-UP

Before you turn the page to a new year, let's see where you stand financially.

By Lana Whipple | December 2026

Let's be honest. How many of us start the new year promising ourselves we'll save more, spend less, pay down debt and finally get our finances organized?

Then life happens. The car needs repairs, groceries cost more than expected, an unexpected bill arrives, and suddenly those good intentions seem a little harder to keep. Sound familiar?

Before we rush into making another list of New Year's resolutions, I want to suggest something different. Let's take a look at where we are right now.

Think of this as a financial year-end check-up. Not a test, not a lecture, and certainly not an opportunity to beat yourself up over the things you wish you had done differently.

After more than 30 years working with people's finances, I've learned that financial stress isn't always about how much money we earn. Sometimes it's about not knowing where it's going, not having a plan, or feeling so overwhelmed that we avoid looking at the numbers altogether. And sometimes, despite our best efforts, life simply throws us a curveball.

The goal is simple: understand your financial picture before heading into 2027. Grab a coffee, a notebook, your bank statements and about an hour. Let's get started!

1. Where did your money actually go?



Most of us have a general idea of what we spend, but have you ever added it all up?
Start by reviewing your bank and credit card statements. Look at your spending from January onward. You don't need to account for every penny. We're simply looking for patterns. Group your expenses into categories such as:

- Housing, utilities and insurance
- Groceries and household supplies
- Transportation and gas
- Eating out and entertainment
- Shopping and personal expenses
- Health and wellness
- Children and family
- Subscriptions and memberships
- Debt payments and savings

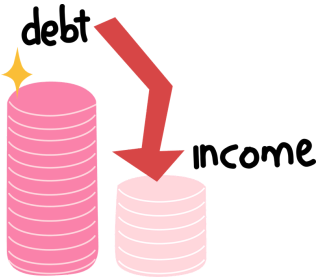
Now ask yourself: Did I spend more than expected in certain areas? Were there expenses I completely forgot about? Sometimes the biggest eye-opener isn't one large purchase. It's all those little purchases that quietly add up.

2. Find the money leaks

Subscriptions are sneaky little things! That streaming service you barely use, the membership you forgot to cancel, or the app that automatically renews every month.
Five or fifteen dollars here and there might not seem like much, but over twelve months, it adds up.
Review your recurring payments. Do you still use them? Are they worth the cost? Could you get the same service for less?
This isn't about giving up every little pleasure. Life is meant to be enjoyed! It's about making sure your money is going toward things that actually bring value to your life.

3. Know what you own and what you owe

This might sound intimidating, but it's actually quite simple.
Your net worth is what you own minus what you owe. Add up your savings, investments and property, then subtract your mortgages, loans, credit cards and other debts.
Also, make a list of your debts, including the outstanding balance, interest rate and minimum payment.
If you have savings, even a small emergency fund, give yourself credit. If you don't, don't panic. Building one can become a goal for the coming year.
Knowing where you stand is the first step toward deciding where you want to go.



4. Don't forget these year-end reminders

December is a good time to review a few items that could affect your finances and taxes.

- **Charitable donations:** Eligible donations made by December 31 may qualify for a 2026 tax credit. Keep your receipts.
- **Medical expenses**: You may claim eligible expenses over a 12-month period ending in 2026. Compare periods to determine which is more beneficial.
- **RESP:** Contributions may qualify for government grants, depending on eligibility and contribution limits.
- **TFSA and FHSA:** Review your contribution room before making deposits. Remember that TFSA withdrawals generally aren't added back to your contribution room until the following calendar year.
- **RRSP:** Your contribution deadline for the 2026 tax year falls in early 2027, not December 31.
- **Tax documents:** Make a list of the income slips and receipts you expect to receive.
- **Insurance and beneficiaries:** Have there been major life changes this year? Make sure your coverage and beneficiary designations still reflect your wishes.

If you're unsure about any of these items, ask a qualified tax or financial professional before making decisions.

5. Give yourself credit!

We spend so much time focusing on what we haven't accomplished that we sometimes forget to acknowledge what we have.

Maybe you paid off a credit card. Maybe you managed to put $500 into savings. Maybe you made every mortgage payment despite a difficult year. Maybe you simply kept your head above water during a particularly challenging time.

Those things count.

Financial progress isn't always about having more money. Sometimes it's about making better decisions, asking questions, learning something new or taking control of a situation that once felt overwhelming.



YOUR 2026 MONEY CHECK-UP

Your year-end checklist

Grab a pen and check off what you've completed. Anything left unchecked can become a starting point for January.

- ■ I've reviewed my bank and credit card statements.
- ■ I've looked at where most of my money went.
- ■ I've identified expenses that increased this year.
- ■ I've reviewed subscriptions and automatic payments.
- ■ I've made a list of my outstanding debts.
- ■ I've reviewed my savings and emergency fund.
- ■ I've checked my TFSA/FHSA contribution room, if applicable.
- ■ I've reviewed my RRSP plans.
- ■ I've gathered my donation and medical receipts.
- ■ I've made a list of the tax slips I expect.
- ■ I've reviewed my insurance and beneficiaries.

Three questions to think about:

1. What is one thing I did well financially in 2026? _____
2. What is one thing I would like to change? _____
3. If I could improve just ONE thing about my finances in 2027, what would it be?

_____

One last thing...

If you take only one thing away from this article, let it be this: you cannot change what you don't acknowledge.

You don't need a huge income, a perfect budget or a pile of savings to start taking control of your finances.

Please don't compare your financial situation to someone else's. We all have different incomes, responsibilities, circumstances and starting points. Your journey is yours.

If looking at your finances feels overwhelming, ask someone you trust for help. There is no shame in asking questions or learning something new. You deserve to understand your money and feel more confident making financial decisions.

COMING IN JANUARY 2027: A FRESH FINANCIAL START!
Now that we've looked at where our money went in 2026, let's talk about where we want it to go in 2027. We'll explore setting realistic financial goals, creating a simple budget, tackling debt and building better money habits. No complicated spreadsheets. No unrealistic resolutions. Just practical steps to help you start the year with a plan.

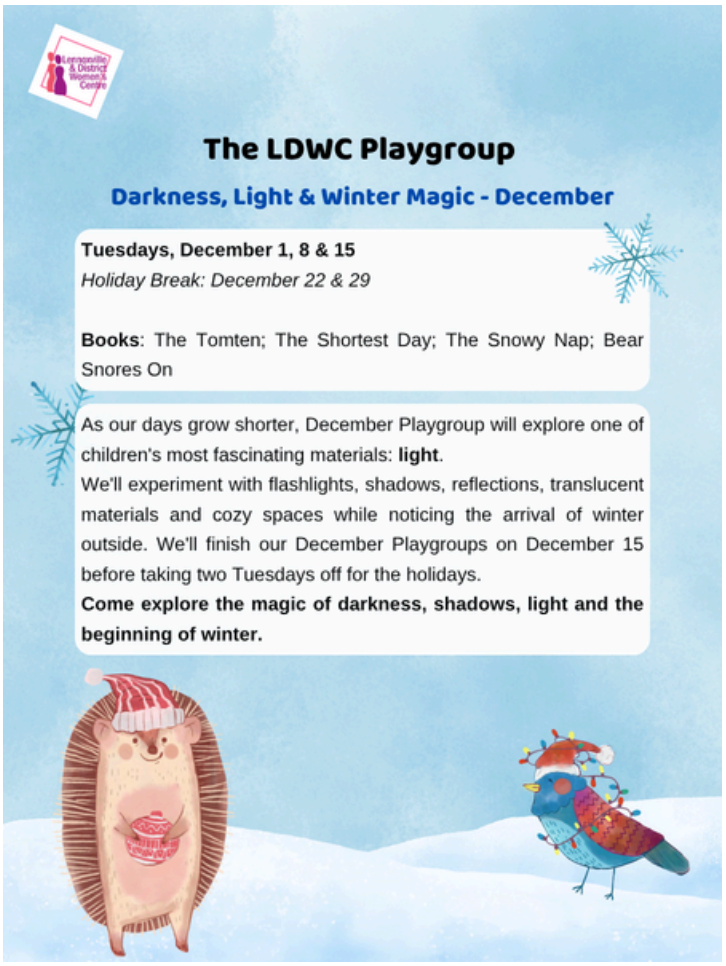
Because financial confidence doesn't happen overnight. It starts with one small step.

PLAYGROUP

We would like to invite all women with children (or grandchildren) between ages 0-5 to join our playgroup sessions. The LDWC playgroup provides a friendly and relaxed environment for all parents and caregivers to spend quality time with children, share ideas, socialize, ask questions or seek extra support.

The LDWC is committed to supporting children's education through play. For this purpose, our ECE (Early Childhood Education) trained facilitators focus on interactive play-based activities that promote inclusion and skill development. We believe in fostering a sense of exploration, problem-solving, and above all, enjoyment for the children we work with. Additionally, we offer a supportive space for parents and caregivers to bond with their children, exchange ideas, build relationships, and discover community resources.

When: Every Tuesday
Time: 9:00 AM - 12:00 PM
Where: Amédée Beaudoin Community Hall
Sign up at play@ldwc.ca or call (819) 564-6626



TUESDAY MORNING DROP-INS

Every Tuesday, members are invited to drop-in for an informal visit at the Centre. Whether you want to stop by briefly to say a quick hello, stay for a cup of tea, read the newspaper, meet with a friend or make a new one, the door is open to all our members. We'll be happy to see you!

When: Every Tuesday
Time: 9:00 AM - 12:00 PM
Where: LDWC Centre (204 - 175 Rue Queen)



FRIDAY ART & BRIDGE

Enjoy a diverse program of art exploration with our creative and welcoming Art Facilitator **Kate**, along with other women from the community. New creative projects, mediums and tools are introduced monthly.

Participants are welcome to take part, or to work on a personal project in a shared creative space. Completed your project or not feeling inspired?

Players are welcome too; There are board and card games galore, as well as a devoted group of bridge players, happy to welcome new players.

When: Every Friday
Time: 9:00 AM - 12:00 PM
Where: Amédée Beaudoin Community Hall
Sign up at art@ldwc.ca or call (819) 564-6626

OWLS

We invite all women from our community, aged 60 and over, to join our **OWLS** group (**Outstanding Wise Ladies Sharing**). This group enjoys a fun weekly gathering to participate in a variety of discussions, activities and workshops.
Activities start at 1:30 PM, but you are welcome to come as of 1:00 PM to chitchat with friends and take your time to settle before the beginning of the activity.

When: Every Wednesday
Time: 1:30 PM - 4:00 PM
Where: Amédée Beaudoin Community Hall
Sign up at info@ldwc.ca or call (819) 564-6626



Amédée-Beaudoin Community Hall
Starting 1:30
Birthdays & Boardgames
DEC 2

Amédée-Beaudoin Community Hall
Starting 1:30
Christmas Card Craft with Fran
DEC 9

Amédée-Beaudoin Community Hall
Starting 1:30
Christmas Party
DEC 16





PRENATAL WINTER COURSE! FREE!! - NEXT SERIES STARTS JAN 4!

Thanks to our continuous partnership with Centre Intégré Universitaire de Santé et de Services Sociaux de l'Estrie - Centre Hospitalier Universitaire de Sherbrooke (CIUSS-CHUS) courses will be **FREE.**

The 6-session course offers women and their partners the opportunity to connect with other pregnant families to gain perspective, information and support as they journey through exciting new changes in their lives towards welcoming a baby. Knowledge is power. We love to empower women and future moms. **The next series starts in January!**

If you are interested, contact us as soon as possible. Please, share this info with some who might not know about our course. **To sign up email info@ldwc.ca or call us at 819-564-6626**

FIND YOUR NEXT READ IN OUR RESOURCE LIBRARY!

Want to learn more about a health issue or a feminist leader? Our lending library has been refreshed with several new books. The full library catalogue may be found on our website or feel free to visit us in person to browse, read at the Centre or borrow a book or two for up to a month.

Our library is located in the Centre's Quiet Lounge, a comfy space to spend an afternoon turning the pages of a good read.

A staff member will offer you a cup of tea and be happy to help you sign out some reading material.

The link to our library catalogue is HERE.



ISABELLE BAZIN: PATIENT NAVIGATOR (TOWNSHIPPER'S ASSOCIATION)

For many English-speaking Quebecers, navigating the healthcare system can be overwhelming, especially when medical information is communicated in a second language. Although English-speaking Quebecers have the right to receive health and social services in English, these services are not always immediately accessible in English when needed. This can leave some individuals feeling confused, stressed, or isolated after medical appointments.

As the Patient Navigator with Townshippers' Association, I provide free support to help English-speaking residents better navigate the healthcare and social service systems. My role also includes helping clients prepare for appointments, communicate their concerns, understand the information being shared, and accompanying them to healthcare appointments or hospital visits when needed.
While I do not provide interpretation or medical advice, I help facilitate communication between clients and healthcare professionals, ensuring clients feel supported, empowered, and confident in making informed decisions about their health. By bridging communication gaps and connecting individuals with appropriate resources, I help make healthcare more accessible and less intimidating for members of the English-speaking community in Estrie.

Individuals can access this free service by contacting me at **patientnavigator@townshippers.org** or by calling/texting 819-349-4972. Office hours are Monday to Wednesday.

SHARPENING & BLADE MAINTENANCE 101



Is your favorite paring knife dull as a spoon? Does your chopping knife crush rather than cut? Time to learn how to sharpen your household blades and keep them that way!
Thanks to a grant through the Borough of Lennoxville's Participatory Budget, LDWC is pleased to announce the first in a series of workshops that will be offered over the coming year.
Sharpening & Blade Maintenance 101 will be is a hands-on introductory workshop that will teach participants the basics of sharpening and maintenance. Participants will be guided to sharpen their own blade and will make a simple honing tool to take home. The test before leaving the workshop: cleanly slice a tomato!
Participants are invited to bring one straight-edged blade from home to sharpen (not serrated and no longer than 8") which should be transported in a sheath. A simple homemade sheath may be made by folding cardboard (such a from an empty cereal box) and taping it around the blade. Limited spots available! If interested, sign up today!

When: Monday, December 14
Time: First slot 6:00 PM and second slot 7:30 PM
Where: LDWC Centre (204 - 175 Rue Queen)
Sign up HERE or at info@ldwc.ca or call (819) 564-6626



IN MEMORY OF MRS. CATHY TURNER

The LDWC community was saddened to learn of the passing of **Mrs. Cathy Turner** at the end of October.

We are grateful for her unwavering and longstanding support of the community, inlcuding the Women's Centre, and extend our deepest sympathies to her beloved family and her many friends and neighbors.

THE LDWC TEAM AND BOARD OF DIRECTORS 2026-27

Nancy Beattie – *Executive Director*
direction@ldwc.ca

Rayhane Mobaseri – *Internal Coordinator*
info@ldwc.ca

Kate Price – *Art Facilitator*
art@ldwc.ca

Deborah Peetam – *Community & Outreach Coordinator*
programs@ldwc.ca

Charity Kerrigan – *Family* & Youth *Services Coordinator*
family@ldwc.ca

Jennifer Muir – *Prenatal & Garden Facilitator*
garden@ldwc.ca & prenatal@ldwc.ca

Kassandra Gilmour – *President*
president@ldwc.ca

Liz Dunn – *Vice-President*
Simone Goloven – *Secretary*
Stephanie Forgues – *Treasurer*

Atiyah Ghauri – *Director*
Monika Mitchell – *Director*
Jennifer Stinson – *Director*

LDWC MEMBERSHIP: JOIN. RENEW. BELONG.

The Lennoxville & District Women's Centre, commonly known as LDWC, is a non-profit community organization, dedicated to empowering and connecting English-speaking women, girls and their families in the Estrie region through education, support and advocacy. Overseen by a volunteer Board of Directors, the Centre is supported by a small (but mighty) team of staff who run a variety of programs, offer support to women and their families, and advocate on behalf of English-speaking women.

All women are welcome and encouraged to become members. Membership in LDWC is a strong sign of support both for the work of the Centre and for other women and girls in the community.

To become a member, please fill out the membership form and mail it to us at:
204-175 Rue Queen, Sherbrooke, QC, J1M 1K1

Name: _____

Street Address: _____ **Apt.** _____

City / Borough: _____ **Postal Code** _____

Telephone: _____ **E-mail** _____

Your MRC: ☐ **Asbestos** ☐ **Haut St-François** ☐ **Val St-François** ☐ **Sherbrooke**
☐ **Le Granit** ☐ **Haute-Yamaska** ☐ **Memphrémagog** ☐ **Brome-Missisquoi**
☐ **Coaticook** ☐ **Other**

Membership type: ☐ **Regular ($10)** ☐ **Youth/Student (Free)** ☐ **Business ($100)** ☐ **Other**

Please make cheques payable to The Lennoxville & District Women's Centre

The LDWC is committed to providing services for English-speaking women in the region regardless of financial situation. If you cannot afford the registration fee for an activity, please reach out to us and an accommodation may be arranged.

DECEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Nov 29	Nov 30	Dec1	Dec2	Dec3	Dec4	Dec5
	Introduction to Neurodiversity & Adult Autism Workshop 6:30pm (Community Hall)	Tuesday Morning Drop-Ins 9 - 12pm (LDWC Centre) Playgroup 9 - 12pm (Community Hall) Crochet & Knitting Group 6 - 8pm (Community Hall) EmpowerHER 4:30 - 6 (Tweens) (Community Hall) / 7 - 8:30 (Teens) (LDWC Centre)	OWLS 1:30 - 3:30pm (Community Hall)	EmpowerHER/Advocacy 4:30 - 6pm (LDWC Centre)	Friday Art & Bridge 9 - 12pm (LDWC Centre) Secret Santa Applications deadline!	Santa's Visit 10 - 4pm (Queen Square in Lennoxville)
Dec 6	Dec 7	Dec 8	Dec 9	Dec 10	Dec 11	Dec 12
		Tuesday Morning Drop-Ins 9 - 12pm (LDWC Centre) Playgroup 9 - 12pm (Community Hall) Crochet & Knitting Group 6 - 8pm (Community Hall) EmpowerHER 4:30 - 6 (Tweens) (Community Hall) / 7 - 8:30 (Teens) (LDWC Centre)	OWLS 1:30 - 3:30pm (Community Hall) Misogyny Workshop/Watch Party 7pm (LDWC Centre)	EmpowerHER/Advocacy 4:30 - 6pm (LDWC Centre) UN Reading 6pm (Community Hall)	Friday Art & Bridge 9 - 12pm (Community Hall)	
Dec 13	Dec 14	Dec 15	Dec 16	Dec 17	Dec 18	Dec 19
LAST WEEK OF PROGRAMMING:	Sharpening & Blade Maintenance 101 6 - 7:30 and 7:30 to 9pm (LDWC Centre)	Tuesday Morning Drop-Ins 9 - 12pm (LDWC Centre) Playgroup 9 - 12pm (Community Hall) EmpowerHER 4:30 - 6 (Tweens) (Community Hall) / 7 - 8:30 (Teens) (LDWC Centre)	OWLS 1:30 - 3:30pm (Community Hall)	EmpowerHER/Advocacy 4:30 - 6pm (LDWC Centre)	Friday Art & Bridge 9 - 12pm (Community Hall)	
Dec 20	Dec 21	Dec 22	Dec 23	Dec 24	Dec 25	Dec 26
We	Are	Closed	For	Christmas Eve Morning 9 - 12pm (LDWC Centre)	The	Holidays
Dec 27	Dec 28	Dec 29	Dec 30	Dec 31	Jan 1	Jan 2
We	Will	Be	Back	On	January	4th